

Table 2. Distribution of pre-session and post-session test scores within ≤ 85 pre-session test group (N = 14)

	Pre session test score	Post session test score	p-value (Wilcoxon Signed Rank Test)
Mean	73.81	83.33	0.02
Std. Deviation	7.64	13.95	
Minimum	57.14	52.38	
Maximum	80.95	100	
Percentiles			
25	70.23	77.38	
50	76.19	90.48	
75	80.95	91.67	