Table 3 Precision estimates for energy, carbohydrate and protein

|  |  |
| --- | --- |
| Nutrient | Precision estimate |
| Energy | - 2.3% ± 2.8% |
| Carbohydrate | + 0.5% ± 1.5% |
| Protein | + 6.4% ± 4.6% |

*Notes.* Precision estimates for energy, carbohydrate and protein. *Theoretical nutrient content divided by nutrient content from the food label in %*