**Vitamin D3 2,000 IU/day for ninety days**

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| --- | --- | --- | --- |
| **UC Patient** | **Vitamin D levels** | **Patial Mayo Score (0-9)** | **SIBDQ score (1-7)** |
|  | Day 0 | Day 90 | Change | Day 0 | Day 90 | Change | Day 0 | Day 90 | Change |
| 1 | 19 | 18 |  - 1 | 3 | 1 |  -2 |  5 | 5 |  0.0 |
| 2 | 10 | 13 |  3 | 2 | 0 |  -2 |  6.3 | 5.8 |  -0.5 |
| 3 | 15 | 22 |  7 | 1 | 1 |  0 | 4.9 | 4.4 |  -0.5 |
| 4 | 28 | 37 |  9 | 1 | 3 |  2 | 4.9 | 3.4 |  -1.5 |
| 5 | 17 | 26 |  9 | 3 | 1 |  -2 | 5.5 | 5.9 |  0.4 |
| 6 | 18 | 19 |  1 | 1 | 0 |  -1 | 5.7 | 7.8 |  2.1 |
| 7 | 14 | 18 |  4 | 0 | 0 |  0 | 6.4 | 6.7 |  0.3 |
| 8 | 15 | 23 |  8 | 0 | 1 |  1 | 5.7 | 5.9 |  0.2 |

**Vitamin D3 4,000 IU/day for ninety days**

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| **UC Patient** | **Vitamin D levels** | **Partial Mayo scores (0-9)** | **SIBDQ Score(1-7)** |
|  | Day 0 | Day 90 | Change | Day 0 | Day 90 | Change | Day 0 | Day 90 | Change |
| 1 | 18 |  36 |  18 |  6 |  5 |  - 1 |  4.5 |  4.8 |  0.3 |
| 2 | 12 |  18 |  6 |  3 |  5 |  2 |  5.4 |  6.1 |  0.7 |
| 3 | 11 |  29 |  18 |  6 |  1 |  - 5 |  5.2 |  6.4 |  1.2 |
| 4 |  6 |  21 |  15 |  2  |  3 |  1 |  4.9 |  5.1 |  0.2 |
| 5 | 18 |  23 |  5 |  5 |  7 |  2 |  6.2 |  6.4 |  0.2 |
| 6 | 20 |  33 |  13 |  1 |  0 |  - 1 |  6.5 |  6.2 |  - 0.3 |
| 7 | 11 |  43 |  32 |  8 |  3 |  - 5 |  1.7 |  4.2 |  2.5 |
| 8 | 15 |  31 |  16 |  2 |  3 |  1 |  5.6 |  5.8 |  0.2 |
| 9 | 16 |  29 |  13 |  2 |  0 |  - 2 |  3.8 |  6.0 |  2.2 |
| 10 | 16 |  48 |  32 |  5 |  0 |  - 5 |  4.0 |  6.2 |  2.2 |