

PAIN VISUAL ANALOGUE SCALE & NUMERICAL PAIN RATING SCALE

VISUAL ANALOG SCALE (VAS) – (line is 10 cm long)

No pain

Pain as bad as
it could be

No pain

Pain as bad as it
could be

NUMERICAL PAIN RATING SCALE (NPRS)

0 1 2 3 4 5 6 7 8 9 10

No pain

Pain as bad
as it could be