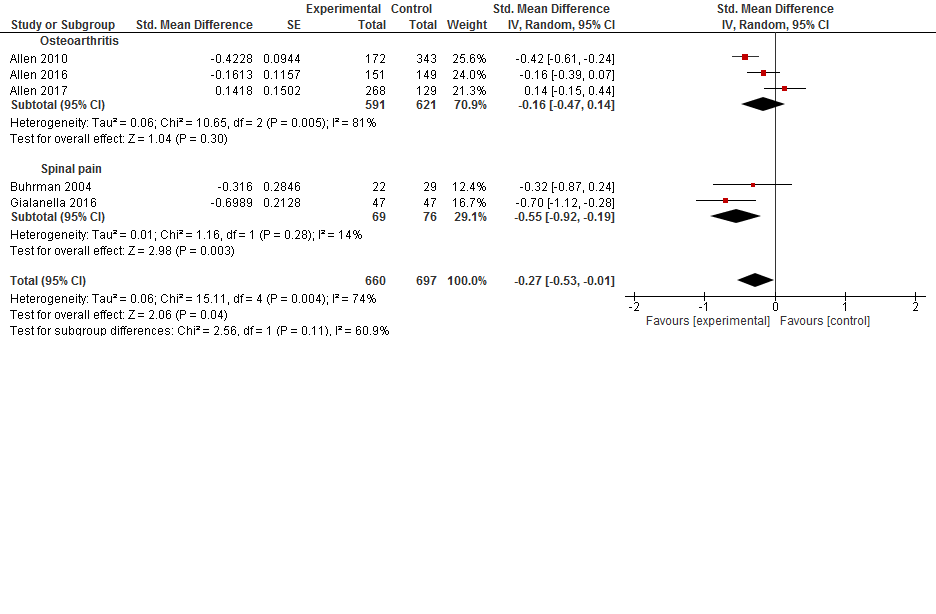
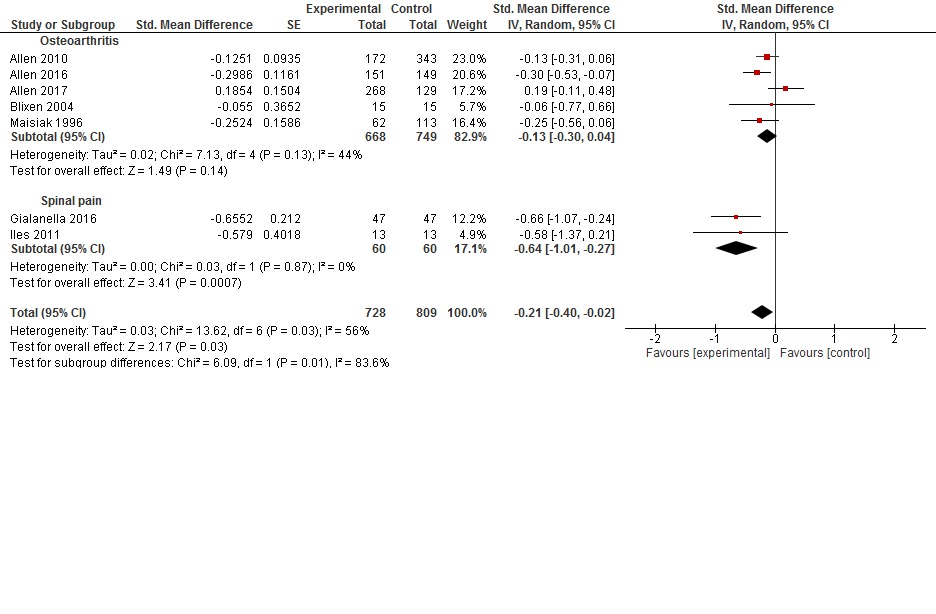
**Supplemental Figure S2.** Forest plots of main meta-analyses findings for comparison telephone-based interventions (with educational materials) versus usual care

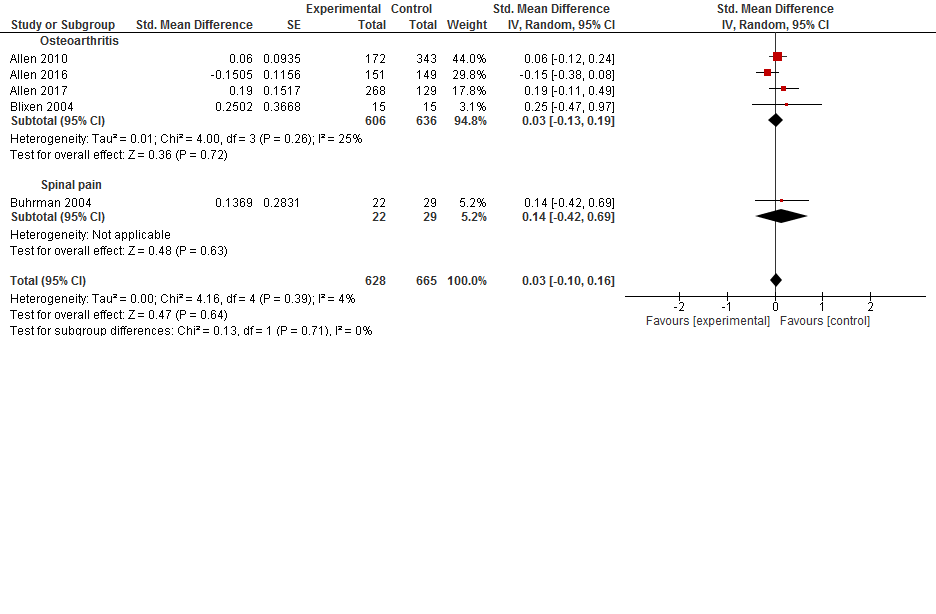
Forest plot of outcome: Pain intensity



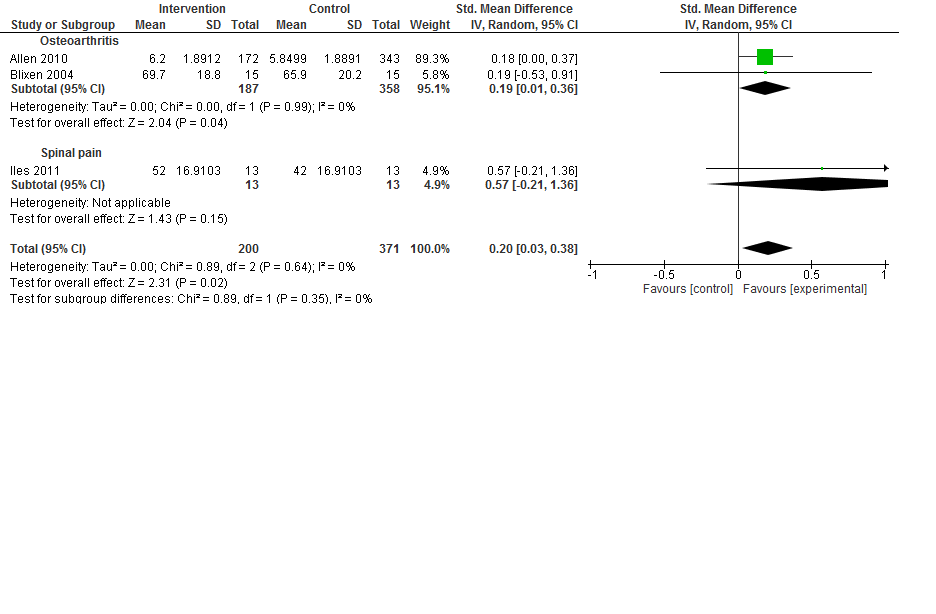
Forest plot of outcome: Disability



Forest plot of outcome: Psychological symptoms



Forest plot of outcome: Self-efficacy



Forest plot of outcome: Weight loss

