**Table S1:** List of included feeding link references

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| **Benthic feeding fish** | **example of feeding reference** |
| *Abramis bjoerkna* | 3 |
| *Abramis brama* | 4, 13 |
| *Clupea harengus* | 3, 13, 14 |
| *Coregonus lavaretus* | 12, 3, 7 |
| *Gymnocephalus cernuus* | 9, 10, 13  |
| *Leuciscus idus* | 2 |
| *Osmerus eperlanus* | 3, 11 |
| *Perca fluviatilis*  | 8, 13 |
| *Platichthys flesus*  | 1, 4, 14 |
| *Rutilus rutilus* | 2, 6, 13 |
| *Triglopsis quadricornis* | 5 |

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