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| Environmental factor | Condition of pressure or resilience |
| Stability of ground | Resilience  | No occurrence of erosion, floating sand  |
| Pressure | Occurrence of erosion, floating sand |
| Organic load | Resilience  | Highest Chl-a concentration in the most recent 5 years |
| Pressure | Chl-a concentration equal to 0 |
| Death of organisms | Resilience  | Occurrence of mass death of organisms by hypoxia or blue tide |
| Pressure | Lack of them |
| Embedding organic matter  | Resilience  | Implementation of sand capping  |
| Pressure | Implementation of cultivation, dredging |