|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | **Control** | **Short-term** | **Medium-term** | **Long-term** | **Recovery** | **ANOVA results** | | |
|  | **Sample** | **Mean + SE** | **Mean + SE** | **Mean + SE** | **Mean + SE** | **Mean + SE** | **df** | **F** | **p** |
| Relative contribution | PVCring | 0.35  + 0.08a | 0.23  + 0.06a | 0.21  + 0.08a | 0.67  + 0.05b | 0.36  + 0.10a | 4 | 8.2385 | **<0.001** |