Translation of Variables in Database:

“gender”: gender of participants

 “1”=men;

“2”=women

“history1”, “history2”, “history3”, “history4”: disease history

blank=no disease;

“1”=hypertension;

“2”=coronary heart disease;

“3”=stroke;

“4”=diabetes;

“5”=cancer;

“6”=COPD;

“7”=other diseases;

“8”=dyslipdemia

“htnmed1”, “htnmed2”, “htnmed3”, “htnmed4”: medications of hypertension

 “0”=no medication

 “1”=yes

“diamed1”, “diamed2”, “diamed3”, “diamed4”: medications of diabetes

 “0”=no medication

 “1”=yes

“hlipmed1”, “hlipmed2”, “hlipmed3”, “hlipmed4”: medications of dyslipidemia

 “0”=no medication

 “1”=yes

“actsmok”: active smoking

 “1”= >40 cigarettes per day

 “2”= 20-40 cigarettes per day;

 “3”= <20 cigarettes per day;

 “4”= stop smoking for less than 3 months;

 “5”= stop smoking for more than 3 months;

 “6”= never smoke

“drinking”: alcohol drinking

 “1”= current drinking;

 “2”= past drinking;

 “3”= never drinking