|  |
| --- |
|  |
|  |  | All a | Men b | Women c |
| 　 | 　 | HR (95% CI) | HR (95% CI) | HR (95% CI) |
| **No unhealthy behavior** |  |  |  |  |  |  |
| Underweight | 1.33 (1.07–1.66) | 1.60 (1.20–2.14) | 1.07 (0.77–1.50) |
| Normal weight  | 1.00 (Reference) | 1.00 (Reference) | 1.00 (Reference) |
| Overweight | 0.88 (0.77–0.99) | 0.88 (0.75–1.04) | 0.89 (0.74–1.08) |
| Obesity | 1.13 (0.90–1.42) | 1.21 (0.87–1.67) | 1.05 (0.76–1.45) |
| **1 unhealthy behavior** |  |  |  |  |
| Underweight | 1.32 (1.16–1.49) | 1.59 (1.30–1.94) | 1.15 (0.97–1.36) |
| Normal weight  | 1.17 (1.01–1.21) | 1.18 (1.03–1.35) | 1.02 (0.90–1.17) |
| Overweight | 1.16 (1.05–1.27) | 1.16 (1.01–1.33) | 1.11 (0.97–1.26) |
| Obesity | 1.30 (1.14–1.46) | 1.14 (0.91–1.43) | 1.29 (1.10–1.52) |
| **2 unhealthy behaviors** |  |  |  |  |
| Underweight | 1.49 (1.33–1.67) | 1.65 (1.36–2.00) | 1.36 (1.17–1.58) |
| Normal weight  | 1.29 (1.18–1.41) | 1.45 (1.26–1.66) | 1.17 (1.03–1.33) |
| Overweight | 1.26 (1.15–1.38) | 1.34 (1.17–1.54) | 1.17 (1.02–1.33) |
| Obesity | 1.67 (1.49–1.87) | 1.74 (1.41–2.14) | 1.55 (1.34–1.79) |
| **3 or 4 unhealthy behaviors** |  |  |  |  |
| Underweight | 1.63 (1.41–1.90) | 2.15 (1.73–2.68) | 1.32 (1.08–1.62) |
| Normal weight  | 1.38 (1.24–1.54) | 1.67 (1.43–1.95) | 1.17 (1.01–1.36) |
| Overweight | 1.47 (1.31–1.64) | 1.64 (1.39–1.93) | 1.32 (1.13–1.54) |
| Obesity | 1.87 (1.58–2.20) | 2.20 (1.64–2.92) | 1.66 (1.35–2.04) |
|  |