

Supplementary Fig.1

Variable (unit)	Order number
Demographic	
Age (mo)	1
Body mass (kg)	2
Stature (cm)	3
Body mass index (kg/m ²)	4
Skinfold	
Triceps (mm)	5
Subscapular (mm)	6
Thorax (mm)	7
Abdominal (mm)	8
Front thigh (mm)	9
Sum of five skinfolds (mm)	10
Circumference	
Arm (relaxed) (cm)	11
Wrist (cm)	12
Waist (cm)	13
Hip (cm)	14
Lengths	
Acromiale-Radiale (cm)	15
Radiale-Styilion (cm)	16
Height (cm)	
Trochanterion-Tibialelaterale (cm)	17
Tibialelaterale to floor (cm)	18
Widths and Breadth	
Transverse chest breadth (cm)	19
Anterior-Posterior chest depth (cm)	20
Elbow breadth (cm)	21
Wrist breadth (cm)	22
Knee breadth (cm)	23
Ankle breadth (cm)	24
Body composition	
Fat mass (kg)	25
Percent fat mass (%)	26
Fat-free mass (kg)	27
Percent fat-free mass (%)	28
Fitness test	
Standing broad jump (m)	29
30-m Dash (s)	30
Flamingo balance (s)	31
Seated chest pass (m)	32

