1. Gender:

    1= Males, 2= Females;

2. Age (years):

    1= 25–34 years, 2= 35–44 years, 3=45–54 years, 4= 55–64 years;

3. Marital status:

    1= With partner, 0=Without partner;

4. Educational level:

    1= Primary school, 2= Junior high school, 3= Normal high school or technical secondary school, 4= Junior college or undergraduate;

5. Chronic diseases:

    1= With chronic diseases, 0= Without chronic diseases;

6. Area of residence:

    1= Rural area, 2= Township, 3= County, 4= Urban area;

7. Average monthly income:

    0= no income, 1= less than RMB 1500 yuan, 2= RMB 1500 yuan to less than RMB 3000 yuan, 3=RMB 3000 yuan to less than RMB 4500 yuan, 4= RMB 4500 yuan to less than RMB 6000 yuan, 5= RMB 6000 yuan to less than RMB 7500 yuan, 6= RMB 7500 yuan to less than RMB 9000 yuan, 7= RMB 9000 yuan to less than RMB 15,000 yuan, 8= RMB 15,000 yuan to less than RMB 21,000 yuan, 9=RMB 21,000 yuan and above;

8. Self-perceived health status:

    1= Not good, 2= Normal, 3= Good, 4= Very good, 5= Excellent;

9. Smoking:

    0= Never smoke, 1= Once smoked but not smoking now, 2= Smoking now but not every day, 3= Smoking every day now;

10. Alcohol drinking:

    0= Never drink, 1= Once drank but have not drunk in the past year,   2= Have drunk in the past year but no addiction, 3= Have drunk in the past year and possibly have addiction;

11. Betel nuts chewing:

    0= Never chew, 1= Once chewed but not chewing now, 2= Chewing now but not every day, 3= Chewing every day now.