|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| HOSPITAL |   |  | Coexistence |   |
| HSPA | 0 |  | live alone | 0 |
| HCA | 1 |  | live as a couple | 1 |
| Destination\_hospital\_discharge |   |  | live with family /friends | 2 |
| Own address | 0 |  | supervised flat | 3 |
| INSTITUTION | 1 |  | nursing home | 4 |
| Other (family) | 2 |  | Monthly income (euros) |   |
| Exitus | 3 |   | less500 € | 0 |
| AGE |   |  | 500€-1000€ | 1 |
| AGE GROUP |   |  | 1000 €-1500€ | 2 |
| 65-70 | 0 |  | > 1500 € | 3 |
| 70-75 | 1 |  | Profession |   |
| 75-80 | 2 |  | housewife | 0 |
| 80-85 | 3 |  | farming | 1 |
| 85-90 | 4 |  | operator | 2 |
| > 90 | 5 |  | official | 3 |
| SEX |   |  | housewife and other activity | 4 |
| MALE | 0 |  | SEASON OF THE FALL |   |
| FEMALE | 1 |  | summer | 0 |
| EDUCATION LEVEL |   |  | autumn | 1 |
| No studies | 0 |  | winter | 2 |
| Primary studies | 1 |  | spring | 3 |
| Bachelor | 2 |  | PLACE OF THE FALL |   |
| University studies | 3 |  | street /public via | 0 |
| Civil status |  | own address | 1 |
| single | 0 |  | home | 2 |
| married | 1 |  | others (other home, shops) | 3 |
| separated | 2 |  |  |  |
| widow | 3 |  |  |  |
|  |  |  |  |  |
| fracture type |  | treatment (0=no 1=yes) |
| Neck | 0 |  | psychotropic |   |
| Troncanterics | 1 |  | bisphophonates |   |
| surgical treatment |  | calcium and vitamin d |   |
| No | 0 |  | antiplatelets |   |
| Yes | 1 |  | anticoagulants |   |
| Type intervention |  | heparin |   |
| Intramedullary nail | 0 |  | number of medications |
| hip prothesis (unipolar, bipolar y total) | 1 |  | 0 | 0 |
| cannulated screws | 2 |  | 0-5 | 1 |
| Type of anesthesia |   |  | 5 A 10 | 2 |
| GENERAL | 0 |  | > 10 | 3 |
| Spinal | 1 |  | Polymedicated (>=5) | (0=no 1=yes) |
| Spinal with sedation | 2 |  | alterations of the sensory system (vision / hearing) |
| Nervous lock | 3 |  | yes | 1 |
| complications after surgical intervention |   |  | no | 0 |
| No | 0 |  | surgical risk ASA |   |
| yes | 1 |  | no reflected | 0 |
| what complications? |   |  | ASA I | 1 |
| None | 0 |  | ASA II | 2 |
|  periclave fracture, Nail loosening, ,prosthesis luxation | 1 |  | ASA III | 3 |
| surgical wound infection | 2 |  | ASA IV | 4 |
| pulmonary embolism | 3 |  | ASA V | 5 |
| deep venous thombosis | 4 |  |  depressive mood  |   |
| confusional syndrome | 5 |  | yes | 1 |
| will not be able to support | 6 |  | no | 0 |
| exitus | 7 |  | body mass index |   |
| personal history (0=no 1=yes) |  | normopeso | 0 |
| arterial hypertension |   |  | overweight | 1 |
| Diabetes Mellitus |   |  | obesity | 2 |
| dyslipidemia |   |  |  |  |
| Osteoporosis |   |  |  |  |
|  previous hip fracture |   |  |  |  |

SCALES

|  |  |  |
| --- | --- | --- |
| **barthel index** | **dependence** | code |
| <20  | total | 0 |
| 20-35 | serius | 1 |
| 40-55 | moderate | 2 |
| 60-95 | mild | 3 |
| 100 | independent | 4 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Lawton & Brody index**  | male | female | code |
| total dependece | 0 | 0 - 1 | 0 |
| serius dependence | 1 | 2 y 3 | 1 |
| moderate dependece | 2 Y 3 | 4 y 5 | 2 |
| mild dependence | 4 | 6 y 7 | 3 |
| independent | 5 | 8 | 4 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Social Scale Gijon index** |  |   | code |
| social risk | ≥16 | YES | 1 |
| no social risk | ≤15 | NO | 0 |
| residence/institution |   |   | 20 |

|  |  |  |
| --- | --- | --- |
| **CHARLSON Index** |   | code |
| comorbility absence | 0-1 | 0 |
| low comorbility | 2 | 1 |
| high comorbility | ≥ 3 | 2 |