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| **Supplemental table 1** Baseline characteristics of the participating adolescents by sex (n=1,956) |
| Variables | Boys (n=993)  | Girls (n=963) |
| M ± SD |
| Age (years) | 13.6±1.5 | 13.5±1.4 |
| Behavioral/Emotional problems  |  |  |
| Total difficulties  | 10.2±4.9 | 10.8±5.3 |
| Conduct problems | 2.1±1.5 | 2.0±1.4 |
| Peer problems  | 3.0±1.6 | 2.9±1.6 |
| Hyperactivity  | 3.3±2.1 | 3.2±2.1 |
| Emotional problems | 1.8±2.0 | 2.7±2.4 |
| Prosocial behaviors | 6.9±2.3 | 7.5±2.1 |
| Problematic Internet Use | 36.1±12.5 | 36.9±12.9 |
| Sleep Disorders  | 5.2±2.9 | 5.5±2.7 |