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| variable |  code |
| Group | 1=T2DM,2=preDM,3=Control |
| Gender | 1=Men,2=Women |
| Education | 1=Without formal education,2=Primary, 3=Middle school, 4=High school and above |
| Annual income(yuan) | 1=≤9,999, 2=10,000-19,999, 3=≥20,000 |
| Cat\_drink | 1=yes, 0=NO |
| Cat\_smoke | 1=yes, 0=NO |
| Diet | 1=≥1～3times/week，2=little or not |