Supplementary Table 3.  Intercorrelations between Baseline measures.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | Negative affect factor | Self-reproach  factor | The  General factor |
| Stress | adolescent | .053 | .392\*\* | .440\*\*\* |
| early adult | .033 | .010 | .204\*\*\* |
| Anxiety | adolescent | .139\*\*\* | .288\*\*\* | .526\*\*\* |
| early adult | .090\* | .165\*\* | .325\*\*\* |

Note. The negative Affect, self-reproach and general factor are factors of neuroticism

Neuroticism = Neuroticism subscale of NEO Five Factor Inventory;

Anxiety (adolescent)= The Multidimensional Anxiety Scale for Children (MASC);

Anxiety (early adult) = The General Social and Academic Hassles Scale anxiety arousal subscale (MASQ-AA);

Stress (adolescent)= the Adolescent Life Events Questionnaire (ALEQ).

Stress (early adult) = The General Social and Academic Hassles Scale (MASC);

\*p<.05; \*\*p<0.01; \*\*\*p < .001.