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| Database (website) | Search terms | Number of manuscripts |
| PubMed (<https://pubmed.ncbi.nlm.nih.gov/>) | ("blood flow restriction" OR "blood flow occlusion" OR "vascular occlusion" OR "kaatsu training") AND ("vascular function" OR "endothelial function” OR “arterial stiffness” OR “pulse wave velocity” OR “flow-mediated dilatation” OR “VEGF1” OR “nitric oxide”) | 183 |