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| --- | --- |
| ID | participant |
| Age | age |
| Height | height (in metres) |
| Mass | body mass (in kilograms) |
| BMI | body mass index (Mass/Height^2) |
| WEIGHT\_NORM | weight status; “YES” if BMI value was between 18.5 and 24.9; “NO” if BMI<24.9 |
| FAT\_1 | “Do you think you are currently fat?” |
| FAT\_2 | “Are you currently ashamed of how much you weigh?” |
| STIGMA | weight-related stigmatization experiences; “NO” if values of FAT\_1 and FAT\_2 are “NO”; “YES” if at least one of values of FAT\_1 and FAT\_2 is “YES” |
| (1)\_ABI | actual body image; the value related to picture from The Contour Drawing Rating Scale |
| (2)\_IBI | Ideal body image; the value related to picture from The Contour Drawing Rating Scale |
| (3)\_RBI | reflected body image; the value related to picture from The Contour Drawing Rating Scale |
| (4)\_OBIAM | ought body image according to men; the value related to picture from The Contour Drawing Rating Scale |
| (5)\_OBIAW | ought body image according to women; the value related to picture from The Contour Drawing Rating Scale |
| DIS\_(1)-(2) | discrepancy between physical actual body image and ideal body image |
| DIS\_(1)-(3) | discrepancy between physical actual body image and reflected body image |
| DIS\_(1)-(4) | discrepancy between physical actual body image and ought body image according to men |
| DIS\_(1)-(5) | discrepancy between physical actual body image and ought body image according to women |
| SkRAP\_actual\_1  …  SkRAP\_actual\_12 | values of responses from Self-Discrepancy Questionnaire (SkRAP) related to psychic actual self |
| SkRAP\_reflected\_1  …  SkRAP\_reflected\_12 | values of responses from Self-Discrepancy Questionnaire (SkRAP) related to psychic reflected self |
| (6)\_MAS | mental actual self; the sum of values from SkRAP\_actual\_1 to SkRAP\_actual\_12 |
| (7)\_MRS | mental reflected self; the sum of values from SkRAP\_reflected\_1 to SkRAP\_reflected\_12 |
| DIS\_(6)-(7) | discrepancy between mental actual self and psychic ideal self |
| SES\_1  …  SES\_10 | responses to items from Rosenberg’s Self Esteem Scale (SES); values of responses to items marked with “\*” have to be inverted before counting the total score (“1” to “4”; “2” to “3”; “3” to “2” and “4” to “1”) |
| SES\_GS | general score of Rosenberg’s Self Esteem Scale (SES); the sum of item scores from SES\_1 to SES\_10 after necessary inversions of scores marked with “\*” |
| OPS\_1\_...  …  OPS\_10\_... | values of responses to items related to obese person stereotype |
| OPS\_GS | general score related to obese person stereotype; the mean value of item scores from OPS\_1\_... to OPS\_10\_... |