Supplemental Table 4. The comparison of weight gain of pregnancy women during pregnancy in the various BMI groups between the intervention and control groups

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| --- | --- | --- | --- | --- | --- | --- |
| **Group** | **Intervention** | **Control** | **Crude β (95%CI)** | **P** | **Adjusted β (95%CI)\*** | **P** |
| Underweight | 17.5±5.8 | 17.0±2.7 | 0.569 (-2.160, 3.299) | 0.683 | -0.17 (-2.935, 2.595) | 0.904 |
| Normal | 16.0±5.4 | 17.7±3.8 | -1.719 (-3.085, -0.353) | 0.014 | -1.633 (-3.018, -0.247) | 0.021 |
| Overweight | 15.4±5.3 | 17.7±3.8 | -2.271 (-4.392, -0.15) | 0.036 | -2.021 (-4.228, 0.186) | 0.073 |
| Obese | 13.0±5.2 | 17.2±3.6 | -4.128 (-7.667, -0.589) | 0.022 | -4.995 (-8.542, -1.448) | 0.006 |

\*The variables of age, gravidity and parity were adjusted in the generalized linear model.