**Demographical information**

We are nursing students 4th year from nursing collage we want to assess the level of stress among critical care nurses and its relation to resilience during covid-19 and).

As a part of our graduation research. There is no direct benefit to the participants, but the society will benefit from the findings that might arise from the results You will answer a questionnaire contains of 30 questions; it will take about 7 minutes. All your information in this study will remain confidential, no names or personal identifier will be displayed, and the result of this study may be published or used in a presentation. Your participation in this study is completely voluntary. You have the right to refuse to take part in the research or drop out at any time without penalty.

 Part 1:

Demographical data:

Age :

17-20 years

21-24 years

25-28 years

29+ years

Gender :

Female

Male

Marital status :

Single

Married

Separate

Divorced

Widow

Do you have children :

Yes

No

Level of education :

High school graduated

Diploma degree

Bachelor degree

Master degree

Doctoral degree

Years of working experience:

Under a year

1-2 years

3-5 years

6-9 years

10-15 years

15+ years

Where do you live :

Home

Dormitory

With relatives/ friends

Other :

Working area:

ER

Medical ICU

Surgical ICU

Pediatric ICU

OR

Have you took care of patient with COVID-19?

Yes

No

Other

Connor-Davidson Resilience Scale (CD-RISC)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 0(Not true at all) | 1(Rarely true) | 2(Sometimes true) | 3(Often true) | 4(True nearly all the time) |
| **Emotion Regulation**1-I am able to handle unpleasant or painful feelings like sadness , fear , and anger2-I have a strong sense of purpose in life.3-I feel in control of my life.4- I believe I can achieve my goals , even if there are obstacles. |  |  |  |  |  |
| **Dealing with stress**5-I have at least one close and secure relationship that helps me when I am stressed6-Having to cope with stress can make me stronger7-During times of stress / crisis, I know where to turn for help.8-Under pressure , I stay focused and think clearly9-I am able to adapt when changes occur |  |  |  |  |  |
| **Solving problems**10-In dealing with life's problems, sometimes you have to act on a hunch without knowing why.11- I prefer to take the lead in solving problems rather than letting others make all the decisions.12-When there are no clear solutions to my problems , sometimes fate or God can help |  |  |  |  |  |

**COVID-PSS-10 items**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1. **I have felt affected as if something serious will happen unexpectedly with the epidemic.**
2. **I have felt that I am unable to control the important things in my life due to the epidemic.**
3. **I have been nervous or stressed by the epidemic.**
4. **I have felt unable to cope with the things I have to do to control the possible infection.**
5. **I have been upset that things related to the epidemic are out of my control.**

**6- I have felt that the difficulties accumulate in these days of the epidemic and I feel unable to overcome them** | **0****(never)** | **1** **(almost never)** | **2****(occasionally)**  | **3****(almost always)** | **4****(always)**  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1. **I have been confident about my ability to handle my personal epidemic related**
2. **I have felt that things are going well (optimistic) with the epidemic**
3. **I have felt that I can control the difficulties that could appear in my life due to the infection.**
4. **I have felt that I have everything under control in relation to the epidemic.**
 | **4****(never)** | **3** **(almost never)** | **2****(occasionally)**  | **1****(almost always)** | **0****(always)**  |