**Appendix 1**

**Cochrane Central**

1 Polycystic Ovarian Syndrome Or PCOS

2 L Carnitine

3 #1 and #2

4 Polycystic Ovarian Syndrome OR PCOS in Title Abstract Keyword AND L Carnitine in Title Abstract Keyword (Word variations have been searched)

5 (Polycystic Ovarian Syndrome OR PCOS):ti,ab,kw AND (L Carnitine):ti,ab,kw (Word variations have been searched)

**Pub Med**

1 Polycystic Ovarian Syndrome Or PCOS

2 L Carnitine

3 1 and 2

4 PCOS:ti,ab,kw AND L Carnitine:ti,ab,kw (Word variations have been searched)

**Other databases (CINAHL, PsyInfo)**

1 Polycystic Ovarian Syndrome Or PCOS

2 L Carnitine

3 1 and 2

4 PCOS:ti,ab,kw AND L Carnitine:ti,ab,kw (Word variations have been searched)