**Child Adolescent Parent Support Scale (ACTS-CN)**

**1.**Which of the following descriptions of your mother do you think is more reasonable?

(The table is only for the mother's situation)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Strongly disagree | Disagree | Identification | Strongly agree |
| 1.Mother usually exercises on her own. |  |  |  |  |
| 2.My mother usually exercises with me (such as walking, biking, etc.) |  |  |  |  |
| 3.When my mother exercises, she will ask me to exercise with her. |  |  |  |  |
| 4.My mother will send me to places where I can do activities (such as parks, hobby classes, etc.). |  |  |  |  |
| 5.My mother will enroll me in  interest classes, clubs, etc. (such as basketball, dancing, etc.). |  |  |  |  |
| 6.My mother keeps an eye on me when I am exercising. |  |  |  |  |
| 7.My mother allows me to watch TV without limiting the length of time. |  |  |  |  |
| 8.My mother still allows me to use the computer outside of my studies, and there is no limit to the number of hours I can use it. |  |  |  |  |
| 9.My mother allows me to play video games / physical games, no limit on the length of time. |  |  |  |  |

**2.**Which of the following descriptions of your father do you think is more reasonable?

(The table is only for the father's situation)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Strongly disagree | Disagree | Identification | Strongly agree |
| 1.Father usually exercises on his own. |  |  |  |  |
| 2.My father usually exercises with me (such as walking, biking, etc.) |  |  |  |  |
| 3.When my father exercises, he will ask me to exercise with him. |  |  |  |  |
| 4.My father will send me to places where I can do activities (such as parks, hobby classes, etc.). |  |  |  |  |
| 5.My father will enroll me in interest classes, clubs, etc. (such as basketball, dancing, etc.). |  |  |  |  |
| 6.My father keeps an eye on me when I am exercising. |  |  |  |  |
| 7.My father allows me to watch TV without limiting the length of time. |  |  |  |  |
| 8.My father still allows me to use the computer outside of my studies, and there is no limit to the number of hours I can use it. |  |  |  |  |
| 9.My father allows me to play video games / physical games, no limit on the length of time. |  |  |  |  |