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| Lifestyle habits and behaviours | PCP-use | Healthy diet and Exercise |
| Level of stress  | 0.30 | -0.15 |
| Weekly frequency of exercising  | 0.16 | 0.69\* |
| Duration of each workout | 0.16 | 0.79\* |
| Weekly use of face cream | 0.59\* | 0.41 |
| Weekly use of cleansing lotion | 0.73\* | 0.15 |
| Weekly use of body lotion | 0.63\* | 0.08 |
| Weekly use of perfume | 0.80\* | -0.01 |
| Weekly use of foundation cream | 0.75\* | 0.09 |
| Weekly use of lip and eyeliner | 0.81\* | -0.05 |
| Weekly use of mascara | 0.87\* | -0.10 |
| Weekly use of lipstick | 0.49 | 0.19 |
| Monthly consumption of canned foods & beverages | -0.38 | -0.07 |
| Monthly consumption of fish | 0.17 | 0.49 |
| Weekly consumption of vegetables | -0.08 | 0.69\* |
| Weekly consumption of fruit | -0.29 | 0.83\* |