|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Effect Estimate (95% CI) | | | |
| *Outcomes* | *PCP-use a* | *p-value* | *Healthy diet and physical activity b* | *p-value* |
| Baseline AMH | -0.09 (-0.13, -0.06) | ***<0.001*** | -0.03 (-0.14, 0.09) | 0.64 |
| Baseline AFC c | -0.03 (-0.04, -0.03) | ***<0.001*** | -0.03 (-0.06, -0.01) | ***0.01*** |
| Endometrial thickness | -0.02 (-0.06, 0.02) | 0.33 | -0.21 (-0.33, -0.09) | ***<0.001*** |
| Peak estradiol | -28.7 (-52.9, -4.54) | ***0.02*** | 207 (130, 284) | **<*0.001*** |