|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | Cohort A |  |  | Cohort B |  |
| MITI component | MI skill | SI | RL | SI | RL |
|  |  | *M* | *SD* | *M* | *SD* | *M* | *SD* | *M* | *SD* |
| Global Score | Cultivating Change Talk | 2.49 | 0.78 | 1.44 | 0.67 | 2.79 | 0.77 | 1.76 | 0.79 |
| Softening Sustain Talk | 3.84 | 0.37 | 3.09 | 0.70 | 3.34 | 0.65 | 3.48 | 0.67 |
| Partnership | 2.76 | 0.95 | 1.74 | 0.81 | 3.51 | 0.75 | 2.42 | 0.83 |
| Empathy | 2.53 | 0.92 | 1.89 | 0.86 | 3.40 | 0.79 | 2.73 | 0.93 |
| Verbal Behaviour | Giving Information | 15.84 | 6.20 | 20.07 | 8.31 | 9.25 | 2.77 | 13.97 | 6.83 |
| Persuade | 9.22 | 5.71 | 6.15 | 4.97 | 3.62 | 3.38 | 4.40 | 2.74 |
| Persuade with Permission a | 1.53 | 1.43 | 0.93 | 1.36 | 5.26 | 3.00 | 1.11 | 1.47 |
| Question | 8.69 | 5.98 | 13.59 | 9.50 | 11.19 | 5.00 | 17.97 | 11.30 |
| Simple Reflection | 2.41 | 1.58 | 5.25 | 4.38 | 2.74 | 2.10 | 6.36 | 5.96 |
| Complex Reflection | 2.31 | 2.01 | 2.48 | 2.75 | 4.02 | 2.71 | 6.98 | 4.85 |
| Affirm | 1.39 | 1.52 | 2.54 | 2.92 | 2.09 | 1.96 | 2.65 | 1.99 |
| Seeking Collaboration | 2.51 | 1.84 | 0.45 | 0.82 | 3.21 | 2.06 | 0.83 | 1.12 |
| Emphasise Autonomy | 0.22 | 0.54 | 0.09 | 0.40 | 0.42 | 0.66 | 0.14 | 0.39 |
| Confront | 0.25 | 0.72 | 0.13 | 0.44 | 0.19 | 0.14 | 0.09 | 0.33 |