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| Appendix A: Full correlation matrix for all variables |
|  | Scale | M (SD) | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 1 | IAS | 84.46 (10.94) | — |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 | MAIA | 3.19 (0.81) | .539\*\*\* | — |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 | MAIA-ga | 3.29 (0.65) | .506\*\*\* | .698\*\*\* | — |  |  |  |  |  |  |  |  |  |  |  |
| 4 | RSES | 19.96 (2.17) | .266\*\* | .068 | .161 | — |  |  |  |  |  |  |  |  |  |  |
| 5 | FSISb | 4.61 (1.38) | .262\*\* | .094 | .438\*\*\* | .224\* | — |  |  |  |  |  |  |  |  |  |
| 6 | SWLS | 21.30 (7.51) | .316\*\* | .108 | .331\*\*\* | .161 | .524\*\*\* | — |  |  |  |  |  |  |  |  |
| 7 | DASS-D | 13.96 (6.2) | -.206\* | -.191 | -.242\* | -.299\*\* | -.434\*\*\* | -.123 | — |  |  |  |  |  |  |  |
| 8 | DASS-A | 13.74 (6.15) | -.219\* | -.167 | -.101 | -.368\*\*\* | -.246\* | .032 | .852\*\*\* | — |  |  |  |  |  |  |
| 9 | DASS-S | 14.79 (6.00) | -.232\* | -.143 | -.157 | -.304\*\* | -.259\*\* | -.038 | .848\*\*\* | .907\*\*\* | — |  |  |  |  |  |
| 10 | IAT | 0.22 (0.51) | .232\* | .181 | .252\* | .207\* | .235\* | -.045 | -.496\*\*\* | -.468\*\*\* | -.49\*\*\* | — |  |  |  |  |
| 11 | Flanker Acc | 0.72 (0.24) | .31\*\* | .259\* | .143 | .253\* | .094 | -.069 | -.682\*\*\* | -.756\*\*\* | -.69\*\*\* | .435\*\*\* | — |  |  |  |
| 12 | Flanker RT | 505.64 (231.70) | .213\* | .034 | .021 | .189 | .186 | .095 | -.476\*\*\* | -.404\*\*\* | -.431\*\*\* | .272\*\* | .294\*\* | — |  |  |
| 13 | Flanker Acc (diff) | -0.02 (0.316) | .128 | -.037 | -.051 | .139 | .105 | -.088 | -.368\*\*\* | -.451\*\*\* | -.407\*\*\* | .237\* | .342\*\*\* | .727\*\*\* | — |  |
| 14 | Flanker RT (diff) | 33.06 (318.14) | .222\* | .136 | .095 | .045 | .088 | -.096 | -.437\*\*\* | -.491\*\*\* | -.419\*\*\* | .195 | .619\*\*\* | .159 | .379\*\*\* | — |
| *Notes:* IAS = Interoception Awareness Scale; MAIA = Multidimensional Assessment of Interoceptive Awareness– Noticing Subscale; MAIA-g = the “general” factor of the MAIA (see text); RSES = Rosenberg Self-Esteem Scale; FSIS = Flush Self-Image Scale; SWLS = Satisfaction With Life Scale; DASS-D, DASS-A, and DASS-S = Depression Anxiety and Stress Scale and same-named subscales; IAT = *D*-scores of the self-esteem Implicit Association Task; Flanker Overall RT = RT (ms)for the whole task; Flanker Overall Acc = Proportion of correct answers for the whole flanker task; Flanker Diff. RT = Difference of RT (ms) no-flanker blocks from flanker trials in mixed blocks; Flanker Diff. Acc. = Difference of proportion of correct answers on no-flanker blocks from flanker trials in mixed blocks;aThe average response across six (of eight) subscales on the MAIA (see text)bThe mean distance from negative attribute to positive attribute on a scale of 0–7;\* *p* < .05; \*\* *p* < .01; \*\*\* *p* < .001. |