

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Chivelle 2014	+	+	-	+	+	+	+
Coleman 2012	+	?	?	+	+	+	+
Courneya 2014	+	+	?	+	+	+	+
Kamshoff 2015	+	+	-	+	+	+	+
Rogers 2015	+	+	?	+	+	+	+
Sprod 2010	+	?	?	+	+	+	+

**S-1c** Risk of bias of combined exercise studies