

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Donnelly 2011	+	+	-	+	+	+	+
Li 2021	+	+	-	+	+	+	+
Rogers 2009	+	+	?	+	+	+	+
Rogers 2013	+	+	?	+	+	+	+
Rogers 2017	+	+	?	+	+	+	+

S-1d Risk of bias of physical activity studies