

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Irwin 2017	+	+	+	+	+	+	+
Larkey 2015	+	?	+	+	+	+	-
Lu 2019	+	+	+	+	+	+	+
Mcquade 2017	+	?	+	+	+	+	+

**S-1e** Risk of bias of Tai chi studies