

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Chandwani 2014	+	?	-	+	+	+	+
Chaoul 2018	+	?	-	+	+	+	+
Cohen 2004	+	+	+	+	+	+	+
Cramer 2016	+	+	?	+	+	+	-
Huberty 2019	?	?	-	+	+	+	+
Mustain 2013	+	+	+	+	+	+	+
Raghavendra 2009	+	+	?	?	+	+	+
Taylor 2018	?	+	+	+	+	+	-

**S-1f** Risk of bias of yoga studies