**Table S2. Univariate regression analyses showing relationship between yoga practice, sociodemographic characteristics, contextual variables, and moderate to vigorous physical activity**

|  |  |  |
| --- | --- | --- |
|   | **Standardized Beta** | **P-value**  |
| Average minutes of yoga practice per day | 0.604 (0.352, 0.856) | <0.001 |
| Age  | 1.340 (-0.230, 2.910) | 0.095 |
| Gender - Female (Ref)  |  |   |
| Male  | 49.682 (40.493, 58.871)  | <0.001 |
| Location - Rural (Ref)  |   |  |
| Urban  | 2.581 (-7.294, 12.456) | 0.609 |
| Has no active friends (Ref)  |  |  |
| Has one or more active friends | 48.835 (30.383, 67.286)  | <0.001 |
| School participates in sports competition with other schools – No (Ref)  |  |   |
| Yes  | 27.270 (11.836, 42.704)  | <0.001 |
| School organizes physical activity – No (Ref) |  |  |
| Yes | 19.761 (9.792, 29.730)  | <0.001 |