**Table S1. Details of the participants’ diseases**

|  |  |
| --- | --- |
|  | Number |
| Cerebrovascular disease | 48 |
| Orthopedic disease | 54 |
| Cancer | 15 |
| Intractable neurological disease | 13 |
| Circulatory disease | 23 |
| Respiratory disease | 13 |
| Diabetes | 23 |
| Hypertension | 44 |
| Osteoporosis | 11 |