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| Supplementary table 1 Comparison of ferritin and iron accumulation rates between two groups of plasma donors |
|  | Control | Donor | *P*-value |
| Total | 276 | 277 | - |
| SF | 159.05±138.48 | 107.49±120.59 | ＜0.001 |
| Iron accumulation rate | 31.5%(87/276) | 14.1%(39/277) | ＜0.001 |
| Female  | 30.6%(53/173) | 8.5%(15/177) | ＜0.001 |
| Male  | 33.0%(34/103) | 24.0%(24/100) | 0.155 |