# The effect of perioperative probiotics and synbiotics on postoperative infections in patients undergoing major liver surgery

A meta-analysis of 10 randomized controlled trials

## **POPULATION**



Adult patients undergoing major liver surgeries (including liver resections and transplantations)

## INTERVENTION



Enteral probiotics/synbiotics

Enteral placebo



### **OUTCOMES**



Postoperative infections 10 RCTs, 582 participants



Duration of antibiotic therapy 5 RCTs, 298 participants

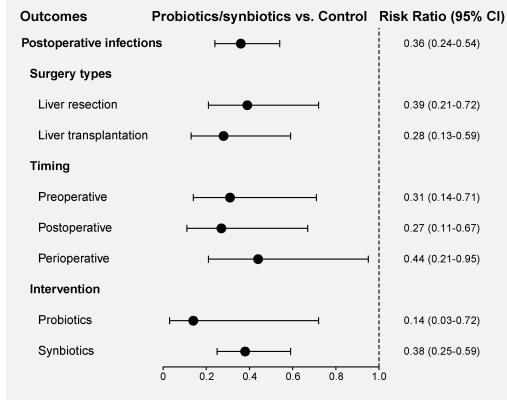


Length of ICU stay 7 RCTs, 428 participants



Length of hospital stay 8 RCTs, 509 participants

## **FINDINGS**



**Duration of antibiotic therapy** MD -2.82 (-3.13, -2.51)

**Length of ICU stay** MD -0.25 (-0.84, 0.34)

**Length of hospital stay** MD -1.25 (-2.74, 0.25)