assignment of independent variables and dependent variables

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| variable | code |
| degree of education | >post-graduate =3, college =2, senior =1, <junior =0 (control group) |
| Drink milk | Yes =1, No =0 (control group) |
| Calcium intake | Yes =1, No =0 (control group) |
| day length | >30min=1, <30min=0 (control group) |
| Mode of delivery | Caesarean=1, Eutocia=0 |
| Menstrual condition | Menopause =1, not menopausal =0 (control group) |
| BMD1 | Low bone mass =1, Osteoporosis=2, Control =0, abnormal bone mass=1/2 |