TableS1. PubMed Search History

|  |  |  |
| --- | --- | --- |
| Databases | Query | Results |
| PubMed | ((((((((((((((((((((((((((((((((non-pharmacological interventions[Title/Abstract]) OR (non-drug treatment non-medicine treatment[Title/Abstract])) OR (non-pharmaceutical therapy[Title/Abstract])) OR (diet\*[Title/Abstract])) OR (nutritional supplement[Title/Abstract])) OR (Dietary Supplements[Title/Abstract])) OR (Nutritional Support[Title/Abstract])) OR (nutrition[Title/Abstract])) OR (exercise\*[Title/Abstract])) OR (exercising[Title/Abstract])) OR (sport\*[Title/Abstract])) OR (run[Title/Abstract])) OR (swim\*[Title/Abstract])) OR (train\*[Title/Abstract])) OR (walk\*[Title/Abstract])) OR (acupuncture[Title/Abstract])) OR (electroacupuncture[Title/Abstract])) OR (acupuncture points[Title/Abstract])) OR (moxibustion[Title/Abstract])) OR (Tai Chi[Title/Abstract])) OR (cognitive therapy[Title/Abstract])) OR (Psychotherapy[Title/Abstract])) OR (psychosocial[Title/Abstract])) OR (Behavior Therapy[Title/Abstract])) OR (Cognitive Behavioral Therapy[Title/Abstract])) OR (life\* style[Title/Abstract])) OR ("Dietary Supplements"[Mesh])) OR ("Diet"[Mesh])) OR ("Sports"[Mesh])) OR ("Acupuncture"[Mesh] OR "Acupuncture Therapy"[Mesh])) OR ("Cognitive Behavioral Therapy"[Mesh])) OR ("Exercise"[Mesh] OR "Exercise Therapy"[Mesh] OR "Resistance Training"[Mesh])) AND (((Polycystic Ovary Syndrome[Title/Abstract]) OR (PCOS[Title/Abstract])) OR ("Polycystic Ovary Syndrome"[Mesh])) | 2812 |