

Codebook for Categorical Data

	Categorical Data	Code
1	Gender	0 = Male 1 = Female
2	Ethnicity	0 = India 1 = Malay 2 = Chinese 3 = Others
3	Physical Activity	1 = Inactive , values less than 600 2 = Minimally active, values between 600 and 2999 3 = HEPA active, values more than 2999
4	Smoking	0 = No 1 = Yes
5	Alcohol	0 = No 1 = Yes
6	Illicit Drug	0 = No 1 = Yes
7	Problematic Internet Use	0 = Low, value less than 13 1 = High, value of 13 and above
8	Social Support	0 = Low, value less than 30 1 = Moderate, value between 30 and 60 2 = High, value more than 60
9	Self-esteem	0 = Low, value less 26 1 = Moderate, value between 26 and 29 2 = High, value more than 30
10	Stress	0 = Mild, value less than 14 1 = Moderate, value between 14 and 26 2 = Severe, value more than 26
11	Anxiety	0 = Minimal, value between 0 and 4 1 = Mild, value between 5 and 9 2 = Moderate, value between 10 and 14 3 = Severe, value more than 14