# README: Variable Descriptions for R\_TH\_GRC.csv

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| **Column Name** | **Description** | **Unit** |
| ID | Participant ID number | - |
| VAS\_pre | Pain intensity before treatment (Visual Analog Scale) | cm (0–10) |
| Severity\_VAS\_pre | Categorical pain severity before treatment | Ordinal scale |
| VAS\_post | Pain intensity after treatment (Visual Analog Scale) | cm (0–10) |
| Severity\_VAS\_post | Categorical pain severity after treatment | Ordinal scale |
| VAS\_change | Change in VAS score (Post - Pre) | cm |
| NDI\_pre | Neck Disability Index before treatment | Score (0–50) |
| Severity\_NDI\_pre | Categorical NDI severity before treatment | Ordinal scale |
| NDI\_post | Neck Disability Index after treatment | Score (0–50) |
| Severity\_NDI\_post | Categorical NDI severity after treatment | Ordinal scale |
| NDI\_change | Change in NDI score (Post - Pre) | Score |
| TH\_pre | Tissue Hardness before treatment | % |
| TH\_post | Tissue Hardness after treatment | % |
| TH\_change | Change in Tissue Hardness (Post - Pre) | % |
| PPT\_pre | Pressure Pain Threshold before treatment | Kg/cm2 |
| PPT\_post | Pressure Pain Threshold after treatment | Kg/cm2 |
| PPT\_change | Change in PPT (Post - Pre) | Kg/cm2 |
| GRC\_PT | Physiotherapist-reported Global Rating of Change | Ordinal scale (-7 to +7) |
| GRC\_pt | Patient-reported Global Rating of Change | Ordinal scale (-7 to +7) |