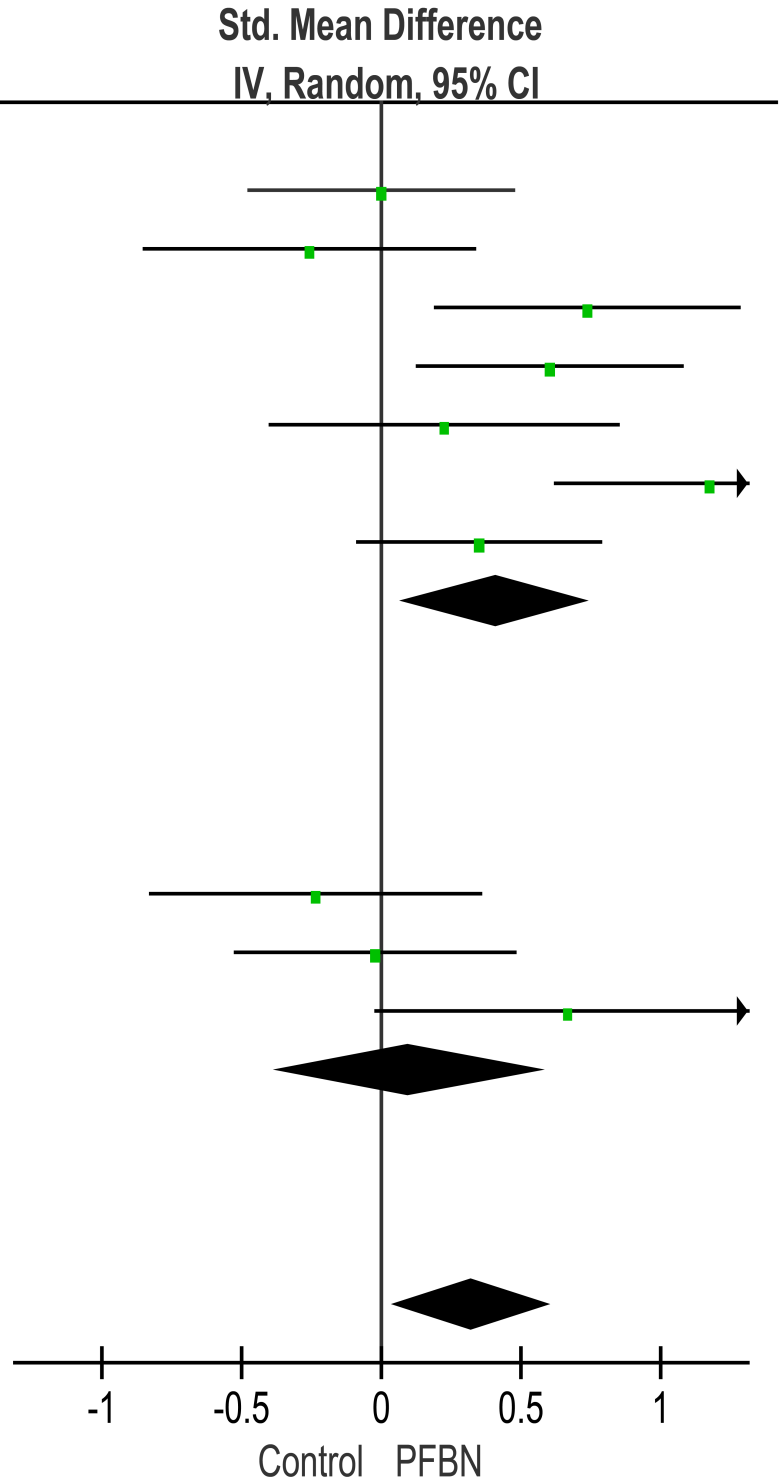Study or Subgroup	PFBN Mean	PFBN SD	PFBN Total	Control Mean	Control SD	Control Total	Weight	Std. Mean Difference IV, Random, 95% CI
5.4.1 PFNA								
Jin LK 2024A	84.5	4.4	25	84.5	4.5	55	11.0%	0.00 [-0.47, 0.47]
Lin D 2022	80.2	3.1	20	81.2	4.3	25	9.4%	-0.26 [-0.85, 0.33]
Ling F 2023	83.9	4.3	28	81	3.4	28	10.0%	0.74 [0.20, 1.28]
Liu PY 2023	95.6	10.8	35	89.2	10.2	37	11.0%	0.60 [0.13, 1.08]
Wang YC 2023	80.4	4.4	20	79.4	4.3	20	9.0%	0.23 [-0.40, 0.85]
Wu YX 2023	94.4	4.2	30	89.4	4.2	30	9.9%	1.18 [0.62, 1.73]
Zhang Y 2024	78.1	6.9	40	75	10.2	43	11.6%	0.35 [-0.08, 0.78]
Subtotal (95% CI)			**198**			**238**	**71.8%**	**0.41 [0.07, 0.75]**
Heterogeneity: Tau² = 0.14; Chi² = 17.66, df = 6 (P = 0.007); I² = 66%								
Test for overall effect: Z = 2.37 (P = 0.02)								
5.4.2 InterTAN								
Jia C 2023	79.8	4.6	25	80.9	4.6	20	9.4%	-0.23 [-0.83, 0.36]
Jin LK 2024I	84.5	4.5	25	84.6	4.5	40	10.6%	-0.02 [-0.52, 0.48]
Wan Y 2024	85.7	4	16	82.7	4.7	19	8.2%	0.67 [-0.02, 1.35]
Subtotal (95% CI)			**66**			**79**	**28.2%**	**0.10 [-0.38, 0.59]**
Heterogeneity: Tau² = 0.09; Chi² = 4.07, df = 2 (P = 0.13); I² = 51%								
Test for overall effect: Z = 0.41 (P = 0.68)								
Total (95% CI)			**264**			**317**	**100.0%**	**0.32 [0.04, 0.60]**
Heterogeneity: Tau² = 0.13; Chi² = 24.63, df = 9 (P = 0.003); I² = 63%								
Test for overall effect: Z = 2.26 (P = 0.02)								
Test for subgroup differences: Chi² = 1.03, df = 1 (P = 0.31), I² = 3.3%