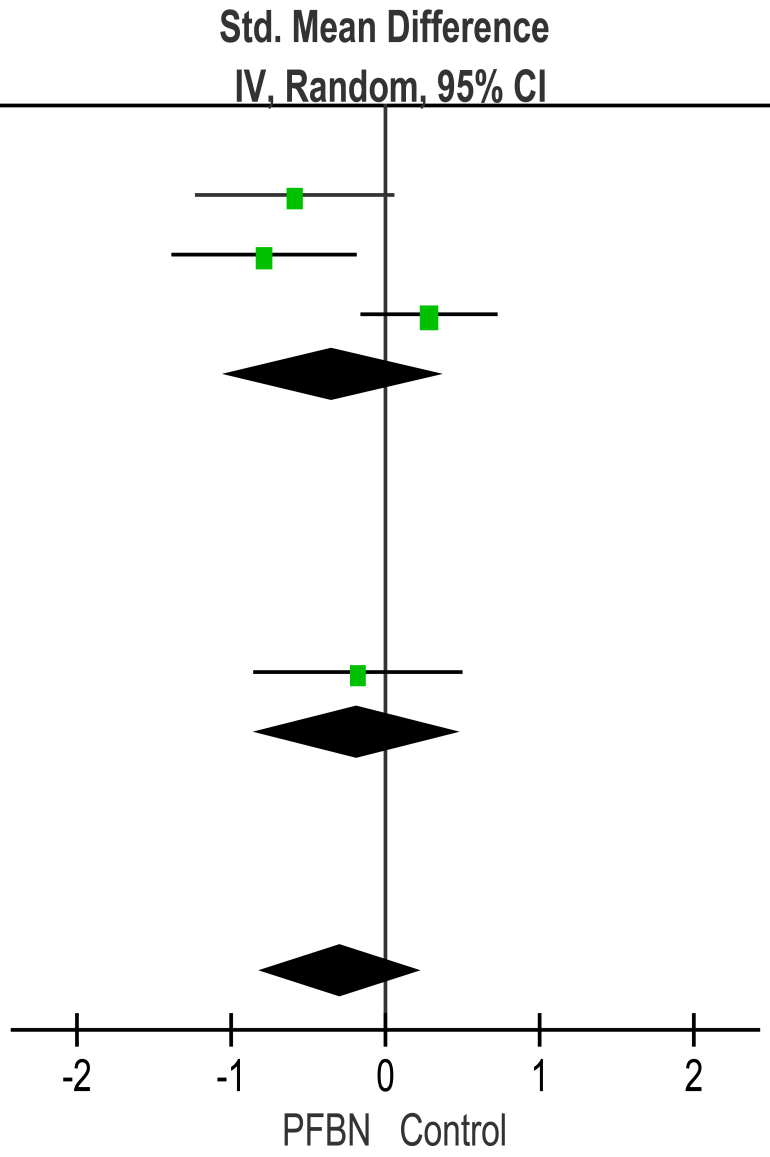Study or Subgroup	PFBN Mean	PFBN SD	PFBN Total	Control Mean	Control SD	Control Total	Weight	Std. Mean Difference IV, Random, 95% CI
10.4.1 PFNA								
Wang YC 2023	1.4	0.5	20	1.7	0.5	20	23.6%	-0.59 [-1.22, 0.05]
Yang DS 2023	2.3	1	24	3.1	1	24	24.8%	-0.79 [-1.38, -0.20]
Zhang Y 2024	2.1	1.4	40	1.7	1.4	43	28.9%	0.28 [-0.15, 0.72]
Subtotal (95% CI)			**84**			**87**	**77.2%**	**-0.34 [-1.05, 0.37]**
Heterogeneity: Tau² = 0.31; Chi² = 10.03, df = 2 (P = 0.007); I² = 80%								
Test for overall effect: Z = 0.93 (P = 0.35)								
10.4.2 InterTAN								
Wan Y 2024	0.8	0.6	16	0.9	0.5	19	22.8%	-0.18 [-0.84, 0.49]
Subtotal (95% CI)			**16**			**19**	**22.8%**	**-0.18 [-0.84, 0.49]**
Heterogeneity: Not applicable								
Test for overall effect: Z = 0.52 (P = 0.60)								
Total (95% CI)			**100**			**106**	**100.0%**	**-0.29 [-0.82, 0.23]**
Heterogeneity: Tau² = 0.20; Chi² = 10.04, df = 3 (P = 0.02); I² = 70%								
Test for overall effect: Z = 1.09 (P = 0.27)								
Test for subgroup differences: Chi² = 0.10, df = 1 (P = 0.75), I² = 0%